





**Speakers:** 

Elizabeth Scala MSN/MBA, RN Damaris Maria-Grossman RN, BSN, CYN HNB-BC Terrence Shenfield BS, RRT, RPFT, NPS, AE-C

### Great Price!!! Per Person

\$500.00- This is for the conference fee only. This will be applied to the totals due below. Payment in full is due 2/25/17.

\$950.00 (double occupancy without airfare)

\$1230.00 (Single occupancy without airfare)

## Payment Includes:

- All Inclusive 5-Star Resort Hotel
- 15 Nursing Contact Hours
- 6 Days/5 Nights Accommodation
- All meals, beverages, activities
- Round trip transfers to airport & hotel
- Round trip airfare

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I can help you with airfare. Please call my travel agent Neil Goodrich from AAA North Penn . His number is 570-421-2500 Ext 141 or email him at Ngoodrich@aaanorthpenn.com

# • <u>15 Nursing contact hours</u>

Approved by the PSNA, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## **TOPICS:**

- 1. Nursing from Within: Leadership from the Inside Out
- 2. Your Next Shift: How to Kick Your Nursing
- 3. Reiki Practice: An Rx for Self-Care & Empowerment
- 4. Functional Foods: Is This the Ticket to Good Health?
- 5. Healthy Living: Methods to Improve Brain Health
- 6. Clinical Aromatherapy: Improving Care to Our Patients
- 7. Achieving Optimal Health
- 8. Fundamentals of Aromatherapy
- 9. Mindfulness Based Stress Reduction
- 10. The Role of Psychoneuroimmunology In Health
- 11. Hemp Oil: Nutritional Versus Medicinal
- 12. Yoga 's Effect on Pain and Functional Disability in Patients With Chronic Low Back Pain
- **13. Envisioning Your Ideal Nursing Practice**
- 14. Burn Out No More: Build a Resilient Life!
- **15. Power Healing for a Powerful Life**