



WELCOME

PSNA

**SAFETY
IN NURSING
SUMMIT**





LVHN NURSES ARE OUTSTANDING.



LVHN's Nurse Residency Program for newly licensed nurses is the first nurse residency program in Pennsylvania to receive "Accreditation with Distinction" from the American Nurses Credentialing Center (ANCC).

Congratulations to nurse residents Olivia Cary and Sarah Licata on your first-place poster, "Increasing Patient Fall Risk Awareness Through Video Education."


Congratulations to nurse residents Fernando Rodriguez, Timothy Eckhardt and Taylor Miller on placing second with your poster, "Building Confidence in Emergency Department Nurses Caring for Patients Who Identify as Transgender."



As the only Magnet®-recognized facility in the Lehigh Valley, Lehigh Valley Hospital supports nurses to conduct research that helps to shape professional nursing practice.

Congratulations to Magnet nurses Anne Rabert and Anna Laden Thomas on your award-winning poster presentation, "Modified Early Warning Score (MEWS) Influence on Intensive Care Unit (ICU) Readmissions."

SUMMIT SCHEDULE

7:00 am	Registration
7:30	Breakfast, Welcome & Speed Networking
8:30	 <p>Featured Speaker: Nurse Blake Nurse Blake is the largest nurse influencer on social media with over 750,000 followers and 150 million video views. An advocate for healthy work environments, Nurse Blake focuses on the idea that nurses have the power to create positive change in healthcare. Guests will leave feeling empowered and ready to be the best nurse and student they can be!</p>
9:30	Nurse Blake Meet & Greet Posters & Exhibitors
11:15	Digital Tools to Becoming a Professional Nurse Advocate
11:30	Top Actions to Take: Workplace Violence Tom Grace, Principal Consultant HAPevolve
12:00 pm	Lunch & Exhibitors
12:50	Bullying in the Workplace Dr. Cheryl Dellasega, Author <i>What To Do When Nurses Hurt Nurses</i> <i>Toxic Nursing</i>
1:10	Tackling Domestic Violence in PA Michelle Cooper, Health Education Specialist The Pennsylvania Coalition Against Domestic Violence
1:30	Posters & Exhibitors
2:00	Workplace Violence Prevention: 7 Steps to Success Susan Driscoll CPI
2:40	Posters & Exhibitors
3:00	PSNA PLINKO & Closing
4:00	PSNA Annual Business Meeting

Speakers

Featured Speaker: Nurse Blake

Nurse Blake – the largest nurse influencer on social media – is an advocate for both nurses and patients. Nurse Blake promotes healthy work environments, sharing presentations focused on the idea that nurses have the power to create positive change in the healthcare industry. Graduating with his BSN from the University of Central Florida in 2014, Nurse Blake has worked in a number of healthcare roles including med-surg, critical care, and injury prevention. He started Banned4Life, which ended an outdated FDA blood donor policy. He now works at a Level 1 Trauma Center in Seattle. When he's not working, Nurse Blake is creating fun and inspiring content for nurses and students.

Top Actions to Take: Workplace Violence

Tom Grace | HAPevolve

In his role as Principal Consultant for Emergency Preparedness, Tom is the lead for HAPevolve's consulting division, specifically as the expert for preparedness and environment of care-related activities and projects. He also serves as team leader and founder of the Southeastern Pennsylvania Surge Medical Assistance Response Team (SEPA SMART). He previously served as vice president for emergency preparedness of The Hospital & Healthsystem Association of Pennsylvania (HAP). Tom's background and experience includes volunteer fire/EMS paramedic, ED and flight nurse, hospital administration, team commander with the U.S. Department of Health and Human Services, and National Disaster Medical System (NDMS) Disaster Medical Assistance Team (DMAT) PA-4. Tom is a U.S. Army Veteran, serving with the 1st Battalion, 3rd Infantry, "The Old Guard," Washington, DC.

Bullying in the Workplace

Cheryl Dellasega, NP, PhD | The Pennsylvania State University

Dr. Dellasega is a PhD-prepared NP who has worked in academia for the last 30 years. She is a relational aggression expert and the author of six books, including *When Nurses Hurt Nurses* and *Surviving Ophelia*. As a professor of humanities in the College of Medicine and professor of women's studies at The Pennsylvania State University, Dr. Dellasega is actively involved in medical education (teaching, research, and leadership). She also conducts research on psychosocial issues and leads community outreach efforts. Her book *Toxic Nursing* received the AJN Book of the Year Award.

Workplace Violence Prevention: 7 Steps to Success

AlGene P. Caraulia | Crisis Prevention Institute (CPI)

AlGene serves as Vice President of Training at CPI, the global leader in workplace violence prevention training. AlGene's primary focus is to facilitate implementation and adoption of the company's suite of offerings resulting in safer environments for care professionals and those they serve. He has over 35 years of experience working in and supporting healthcare, education, treatment, safety, and security organizations across the globe.

Tackling Domestic Violence in PA

Michelle Cooper | Pennsylvania Coalition Against Domestic Violence (PCADV)

As the Health Education Specialist for the PCADV, Michelle provides training and technical assistance to all PCADV-funded domestic violence programs on topics related to the health impact of intimate partner violence. She received a BS in human development and family studies from Penn State and spent four years as a medical and human trafficking advocate for the YWCA of York before joining the PCADV victim services team. Michelle also provides leadership to the Healthy Adolescents Promoted by Partnerships for Youth (HAPPY) grant, which focuses on universal education and warm referral between school nurses, domestic violence programs, and family planning clinics to identify and provider community resources for teens experiencing adolescent relationship abuse.

Poster Presenters

Bachelor of Science Nursing Students' Perceptions of Learning in a Flipped Health Assessment Class

Nina Pulliam, PhD, RN | West Chester University of Pennsylvania (study site), Northcentral University (PhD granting institution)

Building Confidence in ED Nurses Caring for Patients Who Identify as Transgender

Fernando Rodriguez, BSN, RN | Timothy Eckhardt, ADN, RN | Taylor Miller, RN | Lehigh Valley Health Network

Bridging the Gaps in the Lehigh Valley: A Decade of Interprofessional Collaboration

Margaret A. Hadinger, EdD, MS, Lehigh Valley Health Network | Mary Ellen T. Miller, PhD, RN, APHN-BC, DeSales University | Abby S. Letcher, Lehigh Valley Health Network | Neighborhood Health Centers of the Lehigh Valley

Care for Yourself First: Nurse Manager Compassion Fatigue

Gale Shalongo, DNP, MSN, RN, NEA-BC | Geisinger Medical Center, Danville

Caring for an Opioid Addicted Patient in a Medical Surgical Setting: Best Practice Recommendations

Kaléi Kowalchik, BSN | Michael M. Evans, PhD, MEd, RN, ACNS, CMSRN, CNE | Kiernan Rieley, BSN, RN | Kelly Worozybt, MSN, RN-BC | The Pennsylvania State University, College of Nursing

Cultivate What Matters: Assisting Critical Care Nurses to Bloom Through an Educational Investment

Rebecca Ipjian, MSN, RN, CCRN, RN-BC | Cris Burfete, MSN, RN | Patricia Mailander, MSN, RN, CCRN-K | Penn State Milton S. Hershey Medical Center

Escaping the Skills Lab – Putting FUN Back into Fundamental Skills

Sue Wiglesworth, BSN, RN | Gayle Watson, EdD, RN, CCNS, CCRN-K | Pennsylvania College of Health Sciences

Implementation of a Behavioral Emergency Response Team

Jennifer Frazer, BSN, RN-BC | WellSpan York Hospital

Increasing Patient Fall Risk Awareness Through Video Education

Olivia Cary, BSN, RN | Sarah Licata, ASN, RN | Lehigh Valley Health Network

Integrating Art into Nursing Curriculum

Valerie Vanderhoff, DNP, RN, TCRN | Nathaniel Bohna, PhD | The Pennsylvania State University

Mentoring New Graduate Nurses: Impacting Their Professional Growth

Jan Zillman, MSN, RN | Ellen Schauerma, BSN, RNC-NIC | Sue Kaminski, RN-BC | UPMC Hamot

Mindfulness Education and Its Impact on Compassion Fatigue and Resilience

Karen Whittington, MSN(c), RN, CCRN, RN-BC, CHPN | Main Line Health Acute Care Hospitals

Modified Early Warning Score (MEWS) Influence on Intensive Care Unit (ICU) Readmissions

Anne S. Rabert, DHA, RN, CCRN, NE-BC | Anna Laden Thomas, MSN, RN, CCRN, CNL | Lehigh Valley Health Network

Where in the World is...My Cytology Specimen? Using Lean in Specimen Management

Deborah Cardenas, DNP, MSN, RN | Michelle Watts, CT (ASCP), BS | Michelle Williams, BSN, RN | Mary Gehman, MS, RN | Alvin Armentrout, CT (ASCP) | Janine Sudor | Tom Stipe, BS, MLT (ASCP) | Sara Woodbury, MSW, MPM, MBB | Penn State Milton S. Hershey Medical Center

Poster Presentations. Posters will highlight innovative nursing ideas, actions, and programs in Pennsylvania. There are several opportunities to view posters. Contact hours will be awarded.

Sessions. PSNA reserves the right to cancel, reschedule, or substitute speakers for particular educational sessions.

PSNA does not endorse any speaker's or exhibitor's products or services.

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Nursing Foundation of Pennsylvania

Paula Lasecki, Director of Development (plasecki@theNFP.org)

Stop by NFP's exhibitor table and ask about the 2nd Annual Black & Gold Gala on November 2 in Harrisburg. Featured keynote speaker Shannon Miller, 7-time Olympic medalist, author, commentator, and advocate for women's and children's health. (www.theNFP.org)





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