

SUMMIT SCHEDULE

7:00 am	Registration
7:30	Breakfast, Welcome & Speed Networking
8:30	 <p>Featured Speaker: Nurse Blake Nurse Blake is the largest nurse influencer on social media with over 750,000 followers and 150 million video views. An advocate for healthy work environments, Nurse Blake focuses on the idea that nurses have the power to create positive change in healthcare. Guests will leave feeling empowered and ready to be the best nurse and student they can be!</p>
9:30	Nurse Blake Meet & Greet Posters & Exhibitors
11:00	Silent No More Angela Simpson, National Director Silent No More Foundation
11:40	Emergency Preparedness Tom Grace, Principal Consultant HAPevolve
12:00 pm	Lunch
12:50	Bullying in the Workplace Dr. Cheryl Dellasega, Author <i>What To Do When Nurses Hurt Nurses</i> <i>Toxic Nursing</i>
1:10	De-Escalation Techniques Courtney Wiher, Senior Implementation Manager & Global Trainer Crisis Prevention Institute
1:30	Posters & Exhibitors
2:00	Promise Program Tori Nuccio, Assistant Director Promise Program, West Chester University
2:20	Domestic Violence Michelle Cooper, Health Education Specialist The Pennsylvania Coalition Against Domestic Violence
2:40	Posters & Exhibitors
3:00	PSNA PLINKO & Closing
4:00	PSNA Annual Business Meeting (PSNA Members Only)

Meet Our Speakers

Featured Speaker: Nurse Blake

Nurse Blake – the largest nurse influencer on social media – is an advocate for both nurses and patients. Nurse Blake promotes healthy work environments, sharing presentations focused on the idea that nurses have the power to create positive change in the healthcare industry. Graduating with his BSN from the University of Central Florida in 2014, Nurse Blake has worked in a number of healthcare roles including med-surg, critical care, and injury prevention. He started Banned4Life, which ended an outdated FDA blood donor policy. He now works at a Level 1 Trauma Center in Seattle. When he's not working, Nurse Blake is creating fun and inspiring content for nurses and students.

Silent No More: Angela Simpson

Healthcare workers have been living in a culture of acceptance. Some studies indicate that up to 90% of healthcare workers have been assaulted or witnessed an assault. However, we have a 20% reporting rate. It is time to be silent no more. The Silent No More Foundation works to protect healthcare workers before, during, and after an assault in the workplace through education, awareness, advocacy, and legislation.

Emergency Preparedness: Tom Grace

HAPevolve delivers the expertise providers need to address the never-ending list of challenges they face in today's rapidly changing fiscal and operational environment. Whether via industry leading strategic partners, or accessing the deep expertise of our parent company, The Hospital and Healthsystem Association of Pennsylvania, HAPevolve delivers a focused and effective search for solutions across the healthcare continuum.

Bullying in the Workplace

Cheryl Dellasega, NP, PhD, is a relational aggression expert and the author of six books, including *When Nurses Hurt Nurses* and *Surviving Ophelia*. As a professor of humanities in the College of Medicine and professor of women's studies at The Pennsylvania State University, Dr. Dellasega is actively involved in medical education (teaching, research, and leadership). She also conducts research on psychosocial issues and leads community outreach efforts.

De-Escalation Techniques: Courtney Wiher

CPI knows your work is hard – and they want to make it easier. CPI provides practical skills for safely managing and preventing difficult behavior. 95% of their customers agree that CPI improves de-escalation skills and overall safety. Take the first step toward greater safety by registering to hear from CPI.

Promise Program

The WCU Promise Program is a campus support program serving unaccompanied homeless and foster youth. The program helps support students with access to year-round housing on campus including over breaks, food and supplies from the Resource Pantry, priority employment opportunities, access to scholarship funds, monthly dinners that provide mentorship and a safe space to share successes and challenges, and more.

Domestic Violence: Michelle Cooper

The Pennsylvania Coalition Against Domestic Violence (PCADV) is a statewide collaborative membership organization committed to ending intimate partner violence and all forms of violence against women. Each year, its network of 60 local domestic violence programs provide free and confidential services to nearly 90,000 victims and survivors of domestic violence and their children in all 67 counties of the Commonwealth. Together with local programs, PCADV delivers a continuum of services, support, and systems to help victims and survivors find safety, obtain justice, and build lives free of abuse.

Poster Presentations. Posters will be on display highlighting innovative nursing ideas, actions, and programs implemented throughout Pennsylvania. There will be several opportunities to view the posters throughout the day and contact hours will be awarded. Join us and talk with your nurse colleagues who created these exciting presentations.

Sessions. PSNA reserves the right to cancel, reschedule, or substitute speakers for particular educational sessions.

PSNA does not endorse any speaker's or exhibitor's products or services.

Pennsylvania State Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.