

PSNA Position: President

Tarik S. Khan, MSN, RN, FNP-BC, PhD Candidate

University of Pennsylvania/ Family Practice and Counseling Network

Family Nurse Practitioner

Years at Employing Agency 5



Education:

- University of Pennsylvania, Ph.D. in Nursing, 2021
- La Salle University, Master of Science in Nursing, Family Nurse Practitioner, 2011
- Roxborough Memorial Hospital School of Nursing, RN, 2005
- Davidson College, Bachelor of Arts, 2000

Previous Employment (last two positions)

- Family Nurse Practitioner, Family Practice and Counseling Network, 2015- Present
- Family NP Consultant, Washington DC Department on Disability Services, 2011-2014
- Staff Nurse, Surgical Stepdown, Lankenau Medical Center, 2010-2011
- Clinical Nurse Liaison, Oncology, Abington Memorial Hospital, 2009-2010
- Staff Nurse, Heart Failure, Abington Memorial Hospital, 2005-2009
- Nursing Assistant, Cardiac Surgery Unit, Abington Memorial Hospital, 2004-2005

Have you ever held a position in the American Nurses Association (ANA) or the Pennsylvania State Nurses Association (PSNA)? Yes

- American Nurses Association (ANA)
- American Nurses Advocacy Institute Fellow (2010-2011)
- Legislative Day Representative (Washington DC; 2018, 2017, 2014, 2010)

- Pennsylvania State Nurses Association (PSNA)
- Vice-President, Board of Directors (2017-Present)
- Chairperson, Political Action Committee (2019-Present)
- Chairperson, Government Relations Committee (2016-2018)
- Mentor, Star Leadership Academy (2016)
- Director, Board of Directors (2014-2015)
- Director, Board of Directors (2009-2011)
- Chairperson, Government Relations Committee (2010-2011)
- Chairperson, Awards Committee (2010-2011)
- Board Liaison for District 6 (2010-2011)

- Vice Chair, Government Relations Committee (2009-2010)
- Legislative Day Participant (Harrisburg, PA; 2019, 2018, 2016, 2010, 2009, 2008)
- Director, District 25 Board of Directors (2009-2011)

Please list any activities with other professional associations.

- Chairperson, Enabling Minds (2014-Present)
- Assistant Treasurer, Enabling Minds (2014-Present)
- Member, AJC Interfaith Circle of Friends Group (2017-Present)
- Member, 215 People's Alliance (2019-Present)
- Director, American Heart Association of Philadelphia Board of Directors (2020)
- Board Member, Duke University-Johnson & Johnson Nurse Leadership Program (2016- Present)
- COVID-19 Tester, Philadelphia Medical Relief Corp (March 2020-Present)
- Commission on Persons with Disabilities, Mayoral-appointed commissioner, Washington, DC (2013-2014)
- Director, Project Affinity Board of Directors (2013-2014)
- Committeeperson, 21st Ward, 59th Ward, 63rd Ward Philadelphia (2015-Present; 2009-2010)

Why do you feel that you are the best candidate for this office?

I believe that I possess the experience, vision, passion, and leadership to guide PSNA through the coronavirus era and beyond. For over a decade, I have been a tireless leader at PSNA, serving as vice-president, leading our PAC and GRC committees, and serving multiple terms as a board of director.

And as President of PSNA, I will be a dynamic representative and leader for our causes just as I have been during times of crisis.

For example, at the outset of the coronavirus pandemic, I successfully lobbied to secure crucial health center funding. I initiated and co-wrote PSNA's recent anti-racism statement, including commitments to assess any bill for creating or exacerbating racial disparities. Additionally, I was quick to lead PSNA's response and joint advocacy efforts against the tragic closure of Hahnemann, which stranded over 800 incredible Pennsylvania nurses.

I am a regular participant at community, legislative and nursing events, have led several PSNA forums, which in turn have cultivated key relationships with more than two dozen Pennsylvania legislators. I have also directed efforts to increase COVID testing in vulnerable communities, including in low-income communities of color and nursing homes.

My work to grow PSNA is reflected in part by our seven percent increase in membership during my second year as Vice President. And my experience running another non-profit demonstrates my abilities as a responsible and effective leader, with nearly \$100K raised and distributed for at-risk children with disabilities.

Lastly, I share President Crider's noble vision for PSNA to "awaken the sleeping giant of nursing." To have nurses' voices heard, we must speak with one bold nursing voice— that means collaborating with

other nursing organizations. Over the last two years, I've worked hard to solidify our association's alliances, so that PSNA is best positioned to pass critical legislation like safe staffing and full practice authority in PA!

How do you plan on helping PSNA meet its mission to lead, advocate, educate, and connect with registered nurses across the Commonwealth?

I couldn't be more proud to be a nurse, and if elected president of PSNA, I will lead by example as I have done during the coronavirus crisis, by serving on the front lines, speaking out on unsafe issues like having a lack of PPE, and successfully fighting for legislation and resources to protect the health and safety of nurses and patients.

As president, I will continue to advocate fiercely for Pennsylvania nurses and patients, especially our most vulnerable. My advocacy has already been formally recognized by several local, state, and national organizations.

I will increase efforts to educate and reach nurses about critical issues through video, email, social media, and other correspondence. And as a researcher completing my Ph.D. in nursing at the University of Pennsylvania on vulnerable populations, I will ensure that we bring an evidence-based approach to policy. PSNA must take positions on issues based on the best research when possible and nursing consensus, not on what we did in the past, what the ANA is doing, or out of old grievances.

PSNA also needs its president to have a statewide, not a Harrisburg-only, presence. If elected president, I promise to travel throughout the state to meet and connect with our nurses, hear your issues, and increase our Zoom engagement to members. Our record 112 new nurses joining PSNA in March was partially due to my efforts to connect with new members and organizations. As president, I will be a relentless advocate for the health and wellness of Pennsylvania's nurses and patients, including those who are routinely overworked, underappreciated, and underpaid.

Finally, as president, I will work to grow our membership, enable more nurses to engage, make PSNA a welcoming association to all nurses, and ensure that we are guided by the bedrock principles of our nursing practice— compassion, advocacy, and caring. I humbly ask for your vote, and kindly send me your thoughts and ideas at tarikk@nursing.upenn.edu!